

Psychodermatology Association of India (PDAI) 3rd Biennial Conference **PSYDERMCON 2026**

Mind your Skin

KOLKATA 5TH - 6TH SEPTEMBER 2026 www.psydermcon2026.org

Organized by
Psychodermatology Association
of India (PDAI)

ORGANIZING COMMITTEE

Organising Chairperson

Dr. Koushik Lahiri

Organising Secretary

Dr. Sabyasachi Mitra

Treasurer

Dr. Anupam Das

ADVISORS

Dr. Om Prakash Singh

Dr. Shubh Mohan Singh

Dr. Tarun Narang

Scientific Chairperson

Dr. Sudip Kumar Ghosh

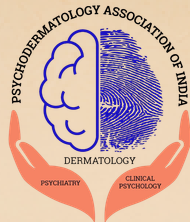
Scientific Secretaries

Dr. Aniruddha Ghosh

Dr. Udayan Majumder



Accredited by -
South Asian Association of PsychoDermatology



PSYCHODERMATOLOGY ASSOCIATION OF INDIA (PDAI)

The PsychoDermatology Association of India is a professional body comprising of dermatologists, psychiatrists, researchers, and healthcare professionals who are passionate about exploring and expanding the frontiers of psychodermatology. Our members are leaders in their respective fields, contributing to groundbreaking research, education, and clinical practice.

Research and Education:

We support and conduct research in the field of psychodermatology, disseminating findings through publications, conferences, and seminars.

Professional Development:

We provide training and continuous education opportunities for healthcare professionals to stay abreast of the latest developments in psychodermatology.

Patient Advocacy and Awareness:

We advocate for the recognition of psychodermatological conditions and strive to raise public awareness about the importance of mental health in dermatological treatment.

Community Engagement:

We engage with communities to provide education and support, helping to reduce the stigma associated with skin and psychological conditions.

Our Commitment:

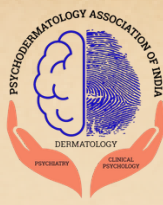
The PsychoDermatology Association of India is committed to ethical practices, scientific integrity, and the highest standards of care in the field of psychodermatology. We are dedicated to collaborating with national and international bodies to promote the interests of our members and the well-being of patients.

Join Us:

We welcome new members who are interested in contributing to the field of psychodermatology. Whether you are a seasoned professional or just starting your career, there is a place for you in our association. Join us to be part of a community that is shaping the future of holistic skin and mental health care.

Become a PDAI Member

Life Membership	Associate Membership	Honorary Membership	Student Membership
Qualified Dermatologists and Psychiatrists with MD/ Diploma Clinical psychologists, Psychotherapists with MPhil/ PhD	MBBS doctors, specialists from other branches.	(by invitation only)	PLM membership of IADVL/ IPS/ RCI is mandatory.
₹ 5,000	₹ 6,000	₹ 10,000	₹ 4,000



WELCOME TO PSYDERMCON 2026

5th – 6th September 2026, The Park Hotel, Kolkata

Dear Sir/Madam,

Greetings from PSYDERMCON 2026.

It gives us immense pleasure to invite your esteemed organization to participate in PSYDERMCON 2026, a premier national conference dedicated to the evolving field of Psychodermatology, scheduled to be held on 5th and 6th September, 2026 at The Park Hotel, Kolkata.

PSYDERMCON has emerged as a significant academic platform bringing together leading dermatologists, psychiatrists, psychologists, researchers, academicians, and healthcare professionals from across India to discuss the intricate relationship between the skin and the mind. The conference aims to promote scientific exchange, showcase emerging research, and encourage multidisciplinary collaboration for better patient care.

This year's conference is expected to attract approximately 250 delegates from across the country, including renowned faculty members, key opinion leaders, practicing clinicians, researchers, postgraduate students, and industry representatives. The event will feature scientific sessions, keynote lectures, panel discussions, workshops, poster presentations, and networking opportunities.

Known as the Cultural Capital of India, Kolkata is a city where heritage, intellect, and innovation seamlessly converge. Formerly the capital of British India, Kolkata has played a pivotal role in shaping the country's educational, scientific, literary, and medical landscape. Home to renowned institutions, pioneering medical professionals, and a vibrant academic community, the city offers an ideal setting for a conference that seeks to foster learning, collaboration, and innovation.

The city is also celebrated for its warm hospitality, rich cultural heritage, historic landmarks, and thriving healthcare ecosystem, making it a preferred destination for national conferences and academic gatherings.

Sponsorship Opportunity:

We invite your organization to participate in PSYDERMCON 2026. Your sponsorship will provide a unique opportunity to:

- Showcase your products, services, and innovations to a highly focused medical audience.
- Strengthen brand visibility among leading dermatologists and mental health professionals.
- Build meaningful relationships with key decision-makers and opinion leaders.
- Demonstrate your commitment to advancing medical education and scientific research.
- Engage directly with delegates through exhibition spaces, branding opportunities, and scientific interactions.

A detailed Sponsorship Prospectus outlining the various partnership opportunities and associated benefits is enclosed for your kind consideration.

We sincerely hope that your esteemed organization will join us in making PSYDERMCON 2026, a memorable academic and professional success. We look forward to welcoming you as a valued partner and collaborator.

For any further information, please feel free to contact the Organising Committee.
Thank you for your time and consideration.

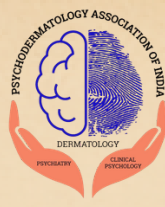
With warm regards,



Dr. Koushik Lahiri
Chairman
PSYDERMCON 2026



Dr. Sabyasachi Mitra
Secretary
PSYDERMCON 2026



PSYCHODERMATOLOGY ASSOCIATION OF INDIA

The Executive Committee 2026



DR. Koushik Lahiri
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Dr. Shubbh Mohan Singh
VICE-PRESIDENT | PRESIDENT-ELECT



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IMMEDIATE PAST PRESIDENT



DR. Sudipta Roy
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Dr. Anupam Das
JOINT TREASURER



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ACADEMY



Dr. Aseem Mehra
CONVENOR, PDAI
ACADEMY



Dr. Arabinda Brahma
EXECUTIVE COMMITTEE
MEMBER



Dr. Vivek Malhotra
EXECUTIVE COMMITTEE
MEMBER



Dr. Pankhuri Dudani
COMMITTEE MEMBER



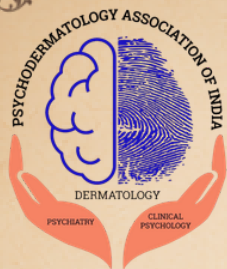
Dr. Swapna Bondade
EXECUTIVE COMMITTEE
MEMBER



Dr. Sudip Kumar Ghosh
EXECUTIVE
COMMITTEE MEMBER



Dr. Devinder Mohan Thappa
EXECUTIVE COMMITTEE
MEMBER



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3RD BIENNIAL CONFERENCE
PSYCHODERMATOLOGY ASSOCIATION OF INDIA
5TH & 6TH SEPTEMBER, KOLKATA



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SCIENTIFIC PROGRAMME

DAY 1: 5TH SEPTEMBER 2026, SATURDAY

REGISTRATION: 12.30 PM Onwards

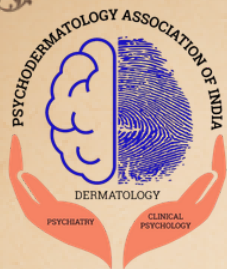
LUNCH : 1:30 PM - 2.30 PM

SCIENTIFIC SESSION

2:45 PM - 3:00 PM	15 min	The Evolution of Psychocutaneous Medicine: A Historical Perspective	Dr. Amiya Kumar Mukhopadhyay	Chairpersons: Dr. Chinmay Deshpande, Dr. Suchibrata Das
3:00 PM - 3:15 PM	15 min	The Brain-Skin Axis in Psychodermatology: From Bench to Bedside	Dr. Shubh Mohan Singh	
3:15 PM - 3:30 PM	15 min	Classification of Psychocutaneous diseases	Dr. Sujit Sarkhel	
3:30 PM - 3:45 PM	15 min	Overview of Psychotherapeutic Approaches in Psychocutaneous Disorders	Dr. Paulomi Sudhir	
3:50 PM - 4:05 PM	15 min	Ethics in Psychodermatology: Principles, Professionalism, and Patient's Right	Dr. Om Prakash Singh	Chairpersons: Dr. Nilanjan Chandra, Dr. Soumitra Shankar Datta
4:05 PM - 4:20 PM	15 min	Ethical Dilemmas in Psychodermatology: Case-Based Clinical Decision-Making	Dr. Shrea Kapoor	
4:20 PM - 4:35 PM	15 min	Non-Suicidal Self-Injury: Clinical Challenges in Psychodermatology	Dr. J.R. Ram	Chairpersons: Dr. Amiya Mukhopadhyay, Dr. Paulomi Sudhir
4:35 PM - 4:50 PM	15 min	Pediatric Psychodermatology: Integrating Dermatologic and Mental Health Care	Dr. Soumitra Shankar Datta	
4:50 PM - 5:20 PM	30 min	Panel: Counselling in Psychodermatology: Principles and Practice	Moderator: Dr. Aniruddha Basu Panellists: Dr. Hima Gopinath, Dr. Subhadip Mallick, Dr. Suchibrata Das, Dr. Tamoghno Bandyopadhyay, Dr. Angshuman Das	Chairpersons: Dr. Shrea Kapoor, Dr. Ambarish Ghosh

TEA BREAK : 5:20 PM-5:30 PM

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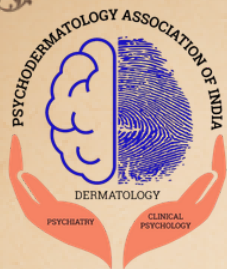
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SCIENTIFIC PROGRAMME

DAY 1: 5TH SEPTEMBER 2026, SATURDAY

SCIENTIFIC SESSION

5:30 PM - 6:00 PM	30 min	Psychosexual Disorders in Clinical Practice: An Interactive Panel Discussion	Moderator: Dr. Sabyasachi Mitra Panellists: Dr. Sudip Das, Dr. Maloy Pramanik, Dr. Vikas Shankar, Dr. Sanjay Garg, Dr. Swapnajit Sarma, Dr. Malay Sarkar	Chairpersons: Dr. Astikmoni Ghoshal, Dr. Arabinda Brahma
6:00 PM - 6:40 PM	40 min	Psychotropic Medications in Psychodermatology: Practical Lessons from Clinical Cases	Moderator: Dr. Nilanjana Paul Panellists: Dr. Ambarish Ghosh, Dr. Arabinda Brahma, Dr. Kaustav Chakraborty, Dr. Saswati Haldar, Dr. Kinnor Das	Chairpersons: Dr. Vikas Shankar, Dr. Maloy Pramanik
6:40 PM - 6:55 PM	15 min	Psychogenic Itch: A Psychodermatologic Perspective	Dr. Asit Mittal	Chairpersons: Dr. Vikas Shankar, Dr. Maloy Pramanik
6:55 PM - 7:15 PM	20 min	Keynote Lecture Psychodermatology: Global perspectives and Future directions	Dr. Mohammad Jafferany	Chairpersons: Dr. Sabyasachi Mitra, Dr. Sudip Kumar Ghosh
7:30 PM - 8:00 PM	30 min	Inaugural Ceremony		
8:00 PM Onwards	Cultural Program and Banquet Dinner			



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SCIENTIFIC PROGRAMME

DAY 2: 6TH SEPTEMBER 2026, SUNDAY

9 AM - 10 AM

AWARD PAPER PRESENTATION

(6 + 1) MIN X 8



SCIENTIFIC SESSION



10:00 AM - 10:15 AM	15 min	Delusional Infestation: Clinical Challenges for the Dermatologist	Dr. Pratik Gahalaut	Chairpersons: Dr. J. R. Ram, Dr. Aniruddha Ghosh
10:15 AM - 10:30 AM	15 min	Delusional Infestation: Psychiatric Assessment and Therapeutic Strategies	Dr. Soumya Chatterjee	
10:30 AM - 10:45 AM	15 min	Late-life Delusional Infestation: Diagnostic pearls and clinical pitfalls	Dr. Debanjan Banerjee	
10:50 AM - 11:05 AM	15 min	Dermatitis Artefacta: Bridging Dermatology and Psychiatry	Dr. Shromona Kar	Chairpersons: Dr. O.P. Singh, Dr. Dinesh Hawelia
11:05 AM - 11:20 AM	15 min	Body Dysmorphic Disorder: A Critical Challenge in Aesthetic Dermatology	Dr. Aniruddha Ghosh	
11:20 AM - 11:35 AM	15 min	Psychocutaneous Clues to Systemic Disease	Dr. Sudip Kumar Ghosh	

TEA BREAK : 11:35 PM-11:50 PM

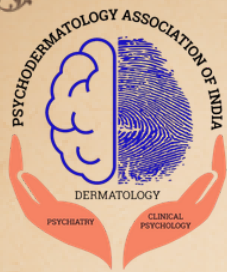
11:50 AM - 12:15 PM	25 min	PDAI Oration Unfolding the stories of mind: My journey through Psychodermatology	Dr. Abdul Latheef	Chairpersons: Dr. Koushik Lahiri, Dr. Abhineeta Hosthota
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SOUTH ASIAN ASSOCIATION OF PSYCHODERMATOLOGY (SAAPD) SESSION

12:20 PM - 12:35 PM	15 min	Psychodermatologic Emergencies: Recognition and Initial Management	Dr. Saraswati Neupane	Chairpersons: Dr. Subh Mohon Singh, Dr. Pratik Gahalaut
12:35 PM - 12:50 PM	15 min	Psychosocial impact of vitiligo patients	Dr. Mahamudur Rahaman	
12:50 PM - 01:05 PM	15 min	Psychodermatology in the Elderly: Unique Challenges	Dr. Jesmin Akhter Leena	
01:05 PM - 01:20 PM	15 min	Skin mind and society: an integrated care model for the skin related neglected tropical diseases	Dr. Niraj Parajuli	

LUNCH : 1:20 PM -2:00 PM

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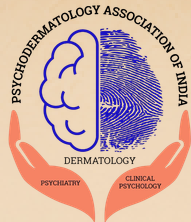
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SCIENTIFIC PROGRAMME

DAY 2: 6TH SEPTEMBER 2026, SUNDAY

SCIENTIFIC SESSION

2:00 PM 2:15 PM	15 min	Trichotillomania: Current Concepts in Dermatologic Practice	Dr. Abhineetha Hosthota	Chairpersons: Dr. Abhishek Jha, Dr. Aditi Chakrabarti
2:15 PM 2:30 PM	15 min	Trichotillomania: An Evidence-Based Psychiatric Approach	Dr. Sharmishtha Despande	
02:30 PM 02:45 PM	15 min	Beyond Medication: Habit Reversal Therapy in Psychodermatology	Dr. Prasanta Roy	
2:45 PM 3:15 PM	30 min	Communication Skills in Psychodermatology : Role Play on Delusional Infestation, Trichotillomania, and Body Dysmorphic Disorder	Patient's perspective: Dr. Sambit Chatterjee, Dr. Shahrukh Raza, Dr. Sohini Paul, Dr. Debalina Santra Doctor's perspective: Dr. Dinesh Hawelia, Dr. Abhay Dey	Chief coordinator: Dr. Surajit Gorai
3:15 PM 4:15 PM	60 min	Real-World Psychodermatology: Learning Through Clinical Cases	Moderator: Dr. Partha Mukherjee Panellists: Dr. Sreeparna Deb, Dr. Pankhuri Dudani, Dr. Aditi Chakrabarti, Dr. Basudeb Das, Dr. Sayanti Ghosh	Chairpersons: Dr. Rajarshi Neogi, Dr. Sharmistha Deshpande
4:15 PM 5:15 PM	60 min	Quiz	Quiz Master : Dr. Anupam Das, Dr. Rajarshi Neogi Assistant quiz master: Dr. Md. Azhar Khan, Dr. Harsha Sarawgi, Dr. Swarnali Maiti	
5:15 PM	Valedictory			



ORGANISING COMMITTEE

Chairperson : Dr Koushik Lahiri

Secretary : Dr Sabyasachi Mitra

Treasurer: Dr Anupam Das

Members :

Dr. Abheek Sil

Dr. Arabinda Brahma

Dr. Debanjan Banerjee

Dr. Dipankar Bag

Dr. Dyuti Das

Dr. Neelanjana Paul

Dr. Nilanjan Chandra

Dr. Sambit Chatterjee

Dr. Somodyuti Chandra

Dr. Surajit Gorai

Dr. Swarnali Maiti

PDAI ACADEMY: 2025-27

Academy Chair: Dr. Tarun Narang

Convenor: Dr. Aseem Mehra

Members:

Dr. D M Thappa

Dr. Sabyasachi Mitra

Dr. Sudip Kumar Ghosh

Dr. Swapna Bondade

SCIENTIFIC COMMITTEE

Scientific Chairperson:

Dr. Sudip Kumar Ghosh

Scientific Secretaries:

Dr. Aniruddha Ghosh

Dr. Udayan Majumder

Scientific Committee Members

Dr. Abhay Dey

Dr. Harsha Sarawgi

Dr. J.R.Ram

Dr. Kinnor Das

Dr. Malay Sarkar

Dr. Maloy Pramanik

Dr. Shahrukh Raza

Dr. Sharmistha Chakraborty

Dr. Shromona Kar

Dr. Sohini Roychowdhury

Dr. Subrata Naskar

Dr. Vikas Shankar

CONFERENCE ADVISOR

Dr. O P Singh

Dr. Subh Mohan Singh

Dr. Tarun Narang

Conference Secretariate
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Salt Lake Kolkata: 700091 (India)

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