

PSYDERMCON 2026

Mind your Skin

3RD BIENNIAL CONFERENCE

PSYCHODERMATOLOGY ASSOCIATION OF INDIA

5th & 6th September, 2026

The Park Hotel, Kolkata



Accredited by -
South Asian Association of PsychoDermatology

SCIENTIFIC PROGRAMME

DAY 1: 5TH SEPTEMBER 2026, SATURDAY

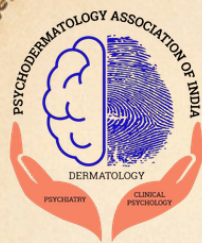
SCIENTIFIC SESSION

5:30 PM - 6:00 PM	30 min	Psychosexual Disorders in Clinical Practice: An Interactive Panel Discussion	Moderator: Dr. Sabyasachi Mitra Panellists: Dr. Sudip Das, Dr. Maloy Pramanik, Dr. Vikas Shankar, Dr. Sanjay Garg, Dr. Swapnajit Sarma, Dr. Malay Sarkar	Chairpersons: Dr. Astikmoni Ghoshal, Dr. Arabinda Brahma
6:00 PM - 6:40 PM	40 min	Psychotropic Medications in Psychodermatology: Practical Lessons from Clinical Cases	Moderator: Dr. Nilanjana Paul Panellists: Dr. Ambarish Ghosh, Dr. Arabinda Brahma, Dr. Kaustav Chakraborty, Dr. Saswati Halder, Dr. Kinnor Das	Chairpersons: Dr. Vikas Shankar, Dr. Maloy Pramanik
6:40 PM - 6:55 PM	15 min	Psychogenic Itch: A Psychodermatologic Perspective	Dr. Asit Mittal	Chairpersons: Dr. Vikas Shankar, Dr. Maloy Pramanik
6:55 PM - 7:15 PM	20 min	Keynote Lecture Psychodermatology: Global perspectives and Future directions	Dr. Mohammad Jafferany	Chairpersons: Dr. Sabyasachi Mitra, Dr. Sudip Kumar Ghosh
7:30 PM - 8:00 PM	30 min	Inaugural Ceremony		

8:00 PM
Onwards

Cultural Program and Banquet Dinner





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SCIENTIFIC PROGRAMME

DAY 2: 6TH SEPTEMBER 2026, SUNDAY

9 AM - 10 AM

AWARD PAPER PRESENTATION

(6 + 1) MIN X 8

SCIENTIFIC SESSION

10:00 AM - 10:15 AM	15 min	Delusional Infestation: Clinical Challenges for the Dermatologist	Dr. Pratik Gahalaut	Chairpersons: Dr. J. R. Ram, Dr. Aniruddha Ghosh
10:15 AM - 10:30 AM	15 min	Delusional Infestation: Psychiatric Assessment and Therapeutic Strategies	Dr. Soumya Chatterjee	
10:30 AM - 10:45 AM	15 min	Late-life Delusional Infestation: Diagnostic pearls and clinical pitfalls	Dr. Debanjan Banerjee	
10:50 AM - 11:05 AM	15 min	Dermatitis Artefacta: Bridging Dermatology and Psychiatry	Dr. Shromona Kar	Chairpersons: Dr. O.P. Singh, Dr. Dinesh Hawelia
11:05 AM - 11:20 AM	15 min	Body Dysmorphic Disorder: A Critical Challenge in Aesthetic Dermatology	Dr. Aniruddha Ghosh	
11:20 AM - 11:35 AM	15 min	Psychocutaneous Clues to Systemic Disease	Dr. Sudip Kumar Ghosh	

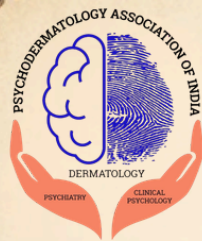
TEA BREAK : 11:35 PM-11:50 PM

11:50 AM - 12:15 PM	25 min	PDAI Oration Unfolding the stories of mind: My journey through Psychodermatology	Dr. Abdul Latheef	Chairpersons: Dr. Koushik Lahiri, Dr. Abhineeta Hosthota
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SOUTH ASIAN ASSOCIATION OF PSYCHODERMATOLOGY (SAAPD) SESSION

12:20 PM - 12:35 PM	15 min	Psychodermatologic Emergencies: Recognition and Initial Management	Dr. Saraswati Neupane	Chairpersons: Dr. Subh Mohon Singh, Dr. Pratik Gahalaut
12:35 PM - 12:50 PM	15 min	Psychosocial impact of vitiligo patients	Dr. Mahamudur Rahaman	
12:50 PM - 01:05 PM	15 min	Psychodermatology in the Elderly: Unique Challenges	Dr. Jesmin Akhter Leena	
01:05 PM - 01:20 PM	15 min	Skin mind and society: an integrated care model for the skin related neglected tropical diseases	Dr. Niraj Parajuli	

LUNCH : 1:20 PM -2:00 PM



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SCIENTIFIC PROGRAMME

DAY 2: 6TH SEPTEMBER 2026, SUNDAY

SCIENTIFIC SESSION

2:00 PM - 2:15 PM	15 min	Trichotillomania: Current Concepts in Dermatologic Practice	Dr. Abhineetha Hosthota	Chairpersons: Dr. Abhishek Jha, Dr. Aditi Chakrabarti
2:15 PM - 2:30 PM	15 min	Trichotillomania: An Evidence-Based Psychiatric Approach	Dr. Sharmishtha Deshpande	
02:30 PM - 02:45 PM	15 min	Beyond Medication: Habit Reversal Therapy in Psychodermatology	Dr. Prasanta Roy	
2:45 PM - 3:15 PM	30 min	Communication Skills in Psychodermatology : Role Play on Delusional Infestation, Trichotillomania, and Body Dysmorphic Disorder	Patient's perspective: Dr. Sambit Chatterjee, Dr. Shahrukh Raza, Dr. Sohini Paul, Dr. Debalina Santra Doctor's perspective: Dr. Dinesh Hawelia, Dr. Abhay Dey	Chief coordinator: Dr. Surajit Gorai
3:15 PM - 4:15 PM	60 min	Real-World Psychodermatology: Learning Through Clinical Cases	Moderator: Dr. Partha Mukherjee Panellists: Dr. Sreeparna Deb, Dr. Pankhuri Dudani, Dr. Aditi Chakrabarti, Dr. Basudeb Das, Dr. Sayanti Ghosh	Chairpersons: Dr. Rajarshi Neogi, Dr. Sharmistha Deshpande
4:15 PM - 5:15 PM	60 min	Quiz	Quiz Master : Dr. Anupam Das, Dr. Rajarshi Neogi Assistant quiz master: Dr. Md. Azhar Khan, Dr. Harsha Sarawgi, Dr. Swarnali Maiti	
5:15 PM	Valedictory			





ORGANISING COMMITTEE

Chairperson : Dr Koushik Lahiri

Secretary : Dr Sabyasachi Mitra

Treasurer: Dr Anupam Das

Members :

Dr. Abheek Sil

Dr. Arabinda Brahma

Dr. Debanjan Banerjee

Dr. Dipankar Bag

Dr. Dyuti Das

Dr. Neelanjana Paul

Dr. Nilanjan Chandra

Dr. Sambit Chatterjee

Dr. Somodyuti Chandra

Dr. Surajit Gorai

Dr. Swarnali Maiti

SCIENTIFIC COMMITTEE

Scientific Chairperson:

Dr. Sudip Kumar Ghosh

Scientific Secretaries:

Dr. Aniruddha Ghosh

Dr. Udayan Majumder

Scientific Committee Members

Dr. Abhay Dey

Dr. Harsha Sarawgi

Dr. J.R.Ram

Dr. Kinnor Das

Dr. Malay Sarkar

Dr. Maloy Pramanik

Dr. Shahrukh Raza

Dr. Sharmistha Chakraborty

Dr. Shromona Kar

Dr. Sohini Roychowdhury

Dr. Subrata Naskar

Dr. Vikas Shankar

PDAI ACADEMY: 2025-27

Academy Chair: Dr. Tarun Narang

Convenor: Dr. Aseem Mehra

Members:

Dr. D M Thappa

Dr. Sabyasachi Mitra

Dr. Sudip Kumar Ghosh

Dr. Swapna Bondade

CONFERENCE ADVISOR

Dr. Om Prakash Singh

Dr. Subh Mohan Singh

Dr. Tarun Narang

