



PSYDERMCON 2026

Mind your Skin

3RD BIENNIAL CONFERENCE
PSYCHODERMATOLOGY ASSOCIATION OF INDIA
5TH & 6TH SEPTEMBER, KOLKATA



Accredited by -
South Asian Association of PsychoDermatology

SCIENTIFIC PROGRAMME

PSYDERMCON -2026: SCIENTIFIC PROGRAMME

DAY 1: SATURDAY; 5TH SEPTEMBER 2026

BACK TO THE BASICS

2:45-3:45 PM	15 min	The Evolution of Psychocutaneous Medicine: A Historical Perspective	Dr. Amiya Mukhopadhyay
	15 min	The Brain-Skin Axis in Psychodermatology: From Bench to Bedside	Dr. Shubhmohan Singh
	15 min	Classification of Psychocutaneous diseases	Dr. Sujit Sarkhel
	15 min	Overview of Psychotherapeutic Approaches in Psychocutaneous Disorders	Dr. Paulami Sudheer

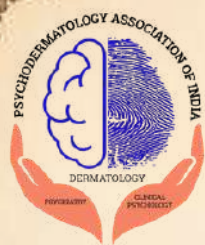
ETHICS IN PSYCHODERMATOLOGY

3:50-4:50 PM	15 min	Ethics in Psychodermatology: Principles, Professionalism, and Patient's Right	Dr. Om Prakash Singh
	15 min	Ethical Dilemmas in Psychodermatology: Case-Based Clinical Decision-Making	Dr. Shrea Kapoor
	15 min	Non-Suicidal Self-Injury: Clinical Challenges in Psychodermatology	Dr. J.R. Ram
	15 min	Pediatric Psychodermatology: Integrating Dermatologic and Mental Health Care	Dr. Soumitra Shankar Dutta
4:50-5:20 PM	30 min	Panel: Counselling in Psychodermatology: Principles and Practice	MODERATOR : Dr Debanjan Banerjee, Dr. Hima Gopinath, Dr. Subhadip Mallick, Dr. Suchibrata Das, Dr. Tamoghno Bandyopadhyay, Dr. Angshuman Das, Dr. Sukanta Sarkar

5:20-5:30 PM

TEA BREAK

5:30-6:00 PM	30 min	Psychosexual Disorders in Clinical Practice: An Interactive Panel Discussion	PANEL: Moderator: Dr.Sabyasachi Mitra Dr. Sudip Das, Dr. Malay Pramanik, Dr. Vikas Sankar, Dr. Sanjay Garg , Dr. Swapnajeet Sahoo, Dr. Malay Sarkar
6:00-6:40 PM	40 min	Psychotropic Medications in Psychodermatology: Practical Lessons from Clinical Cases	MODERATOR: Dr. Nilanjana Paul, Dr. Ambarish Ghosh, Dr. Arabinda Brahma, Dr. Koustav Chackraborty, Dr. Hitaishi Mehata, Dr. Kinnor Das, Dr. Bornali Dutta
6:40-7:00 PM		KEYNOTE LECTURE	Dr. Mohammad Jafferany



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DAY 2: 6TH SEPTEMBER 2026 SUNDAY

9 - 10 AM		AWARD PAPER PRESENTATION		(6+1) MIN X 8
10:00 AM - 11:00 AM	15 min	Delusional Infestation: Clinical Challenges for the Dermatologist	Dr. Pratik Gahalaut	
	15 min	Beyond Medication: Habit Reversal Therapy in Psychodermatology	DR. Prasanta Roy	
	15 min	When the Mind Shapes the Skin: Understanding Psychodermatologic Delusions	Dr. Soumya Chatterjee	
	15 min	Dermatitis Artefacta: Bridging Dermatology and Psychiatry	Dr. Shromona Kar	
11.05 AM - 11: 50 AM	15 min	Body Dysmorphic Disorder: A Critical Challenge in Aesthetic Dermatology	Dr. Aniruddha Ghosh	
	15 min	Psychogenic Itch: A Psychodermatologic Perspective	Dr. Asit Mittal	
	15 min	Psychocutaneous Clues to Systemic Disease	Dr. Sudip Kumar Ghosh	
11:50-12:15 PM	25 min	PDAI Oration	Dr. Abdul Lateef	
12:20 PM - 1:20 PM		South Asian Association of Psychodermatology (SAAPD) session		
	15 min	Psychodermatologic Emergencies: Recognition and Initial Management	Dr. Saraswati Neupane [Nepal]	
	15 min	Psychodermatology Liaison Clinic: Bridging the Gap Between Dermatology and Psychiatry	Dr. Mahamudur Rahaman [Bangladesh]	
	15 min	Psychodermatology in the Elderly: Unique Challenges	Dr. Jesmin Akhter Leena [Bangladesh]	
	15 min	Red Flags in Psychodermatology: When a Dermatologist Should Refer to Psychiatrist?	Dr. Niraj Parajuli [Nepal]	
1:20-2:00 PM LUNCH				
2:00-2:30 PM	15 min	Trichotillomania: Current Concepts in Dermatologic Practice	Dr. Abhineetha Hosthota	
	15 min	Trichotillomania: An Evidence-Based Psychiatric Approach	Dr. Sharmistha Despande	





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DAY 2: 6TH SEPTEMBER 2026 SUNDAY

2:30 pm - 3:00 pm	30 min	Communication Skills in Psychodermatology : Role Play on Delusional Infestation, Trichotillomania, and Body Dysmorphic Disorder	Chief coordinator: Dr Surajit Gorai Patient's perspective: Dr. Sambit Chatterjee, Dr. Shahrukh Raza, Dr. Sohini Paul, Dr. Deblina Santra Doctor' perspective: Dr. Dinesh Hawelia Dr. Abhay Dey
3:00 pm - 4:00 pm	60 min	Real-World Psychodermatology: Learning Through Clinical Cases	Moderator: Dr. Partha Mukherjee Panelists: Dr. Raghunath Reddy, Dr. Pankhuri Dudhani, Dr. Smitha Prabhu, Dr. Basudeb Das, Dr. Sayanti Ghosh, Dr. Prathama Chaudhuri, Dr. S. Shenoy
4:00 pm - 5:00 pm	60 min	Quiz	Quiz Master : Dr. Anupam Das + Dr. Rajarshi Neogi Assistant quiz master: Dr. Md. Azhar Khan, Dr. Harsha Sarawgi, Dr. Swarnali Maiti
		Valedictory	

