



PsychDermatology Association of India (PDAI)
3rd Annual Conference
PSYDERMCON 2026
Mind your Skin

KOLKATA
5TH - 6TH SEPTEMBER 2026
www.psydermcon2026.org

Organized by
Psychodermatology Association
of India (PDAI)

ORGANIZING COMMITTEE

Organising Chairperson

Dr. Koushik Lahiri

Organising Secretary

Dr. Sabyasachi Mitra

Treasurer

Dr. Anupam Das

Scientific Chairperson

Dr. Sudip Kumar Ghosh

Scientific Secretaries

Dr. Aniruddha Ghosh

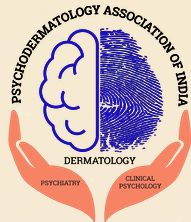
Dr. Udayan Majumder

➤ **ADVISORS** ◀

Dr. Om Prakash Singh

Dr. Shubh Mohan Singh

Dr. Tarun Narang



PSYCHODERMATOLOGY ASSOCIATION OF INDIA (PDAl)

The PsychoDermatology Association of India is a professional body comprising of dermatologists, psychiatrists, researchers, and healthcare professionals who are passionate about exploring and expanding the frontiers of psychodermatology. Our members are leaders in their respective fields, contributing to groundbreaking research, education, and clinical practice.

Research and Education:

We support and conduct research in the field of psychodermatology, disseminating findings through publications, conferences, and seminars.

Professional Development:

We provide training and continuous education opportunities for healthcare professionals to stay abreast of the latest developments in psychodermatology.

Patient Advocacy and Awareness:

We advocate for the recognition of psychodermatological conditions and strive to raise public awareness about the importance of mental health in dermatological treatment.

Community Engagement:

We engage with communities to provide education and support, helping to reduce the stigma associated with skin and psychological conditions.

Our Commitment:

The PsychoDermatology Association of India is committed to ethical practices, scientific integrity, and the highest standards of care in the field of psychodermatology. We are dedicated to collaborating with national and international bodies to promote the interests of our members and the well-being of patients.

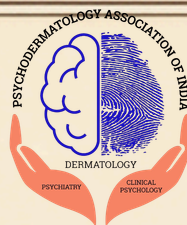
Join Us:

We welcome new members who are interested in contributing to the field of psychodermatology. Whether you are a seasoned professional or just starting your career, there is a place for you in our association. Join us to be part of a community that is shaping the future of holistic skin and mental health care.

Please click on the following link for membership details:

<https://psychodermatologyindia.com/pdai-membership/>

Life Membership	Associate Membership	Honorary Membership	Student Membership
Qualified Dermatologists and Psychiatrists with MD/ Diploma Clinical psychologists, Psychotherapists with MPhil/ PhD	MBBS doctors, specialists from other branches.	(by invitation only)	PLM membership of IADVL/ IPS/ RCI is mandatory.
₹ 5,000	₹ 6,000	₹ 10,000	₹ 4,000



PSYCHODERMATOLOGY ASSOCIATION OF INDIA (PDAI)

WELCOME TO PSYDERMCON 2026

5th – 6th September 2026, The Park Hotel, Kolkata

Dear Sir / Madam,

Greetings From PSYDERMCON2026!

It gives us immense pleasure to welcome you to PSYDERMCON 2026, to be held on 5th and 6th September 2026 at The Park Hotel, Kolkata.

Psychodermatology represents a fascinating and rapidly evolving interface between dermatology and mental health, highlighting the profound impact that the mind and skin have on one another. As the understanding of this unique specialty continues to expand, the need for collaboration among dermatologists, psychiatrists, psychologists, and allied healthcare professionals has never been greater.

PSYDERMCON 2026 has been envisioned as a dynamic academic platform that brings together eminent faculty, experienced clinicians, researchers, and young professionals from across the country to share knowledge, exchange ideas, and explore the latest developments in the field. Through an engaging scientific programme comprising keynote lectures, panel discussions, interactive sessions, and case-based deliberations, we aim to foster meaningful dialogue and encourage multidisciplinary approaches to patient care.

We are particularly delighted to host this prestigious gathering in Kolkata—a city renowned for its rich cultural heritage, intellectual vibrancy, and longstanding contribution to medicine, education, and scientific thought. Fondly known as the Cultural Capital of India, Kolkata has always embraced innovation while preserving its timeless traditions, making it the perfect destination for an enriching academic and social experience.

Beyond the scientific sessions, PSYDERMCON 2026 offers a unique opportunity to strengthen professional relationships, develop new collaborations, and reconnect with colleagues and friends from across the country. We are confident that the conference will not only advance academic excellence but also create lasting memories for all who participate.

We express our heartfelt gratitude to our distinguished faculty members, delegates, sponsors, exhibitors, and the entire organizing team for their invaluable support and commitment. Their contribution is instrumental in making this conference a meaningful and memorable event.

We cordially invite you to join us in Kolkata and be a part of this exciting journey of learning, collaboration, and innovation. We look forward to welcoming you to PSYDERMCON 2026, and sharing with you two days of outstanding scientific exchange and warm Bengali hospitality.

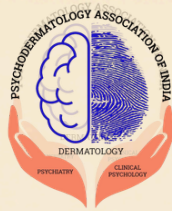
With warm regards and best wishes,



Dr. Koushik Lahiri
Chairman
PSYDERMCON 2026



Dr. Sabyasachi Mitra
Secretary
PSYDERMCON 2026



PSYCHODERMATOLOGY ASSOCIATION OF INDIA (PDAI)

The Executive Committee 2026



DR. Koushik Lahiri
PRESIDENT



Dr. Shubh Mohan Singh
VICE-PRESIDENT | PRESIDENT-ELECT



Dr. Omprakash Singh
IMMEDIATE PAST PRESIDENT



DR. Sudipta Roy
VICE-PRESIDENT



Dr. Abhineetha Hosthota
SECRETARY



Dr. Ravindra Munoli
JOINT SECRETARY



Dr. Chinmay Deshpande
JOINT TREASURER



Dr. Anupam Das
JOINT TREASURER



Dr. Tarun Narang
CHAIRPERSON, PDAI ACADEMY



Dr. Aseem Mehra
CONVENOR, PDAI ACADEMY



Dr. Arabinda Brahma
EXECUTIVE COMMITTEE
MEMBER



Dr. Vivek Malhotra
EXECUTIVE COMMITTEE
MEMBER



Dr. Pankhuri Dudani
EXECUTIVE
COMMITTEE MEMBER



Dr. Swapna Bondade
EXECUTIVE COMMITTEE
MEMBER

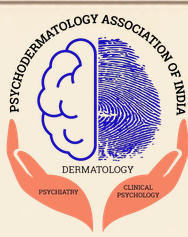


Dr. Sudip Kumar Ghosh
EXECUTIVE COMMITTEE
MEMBER



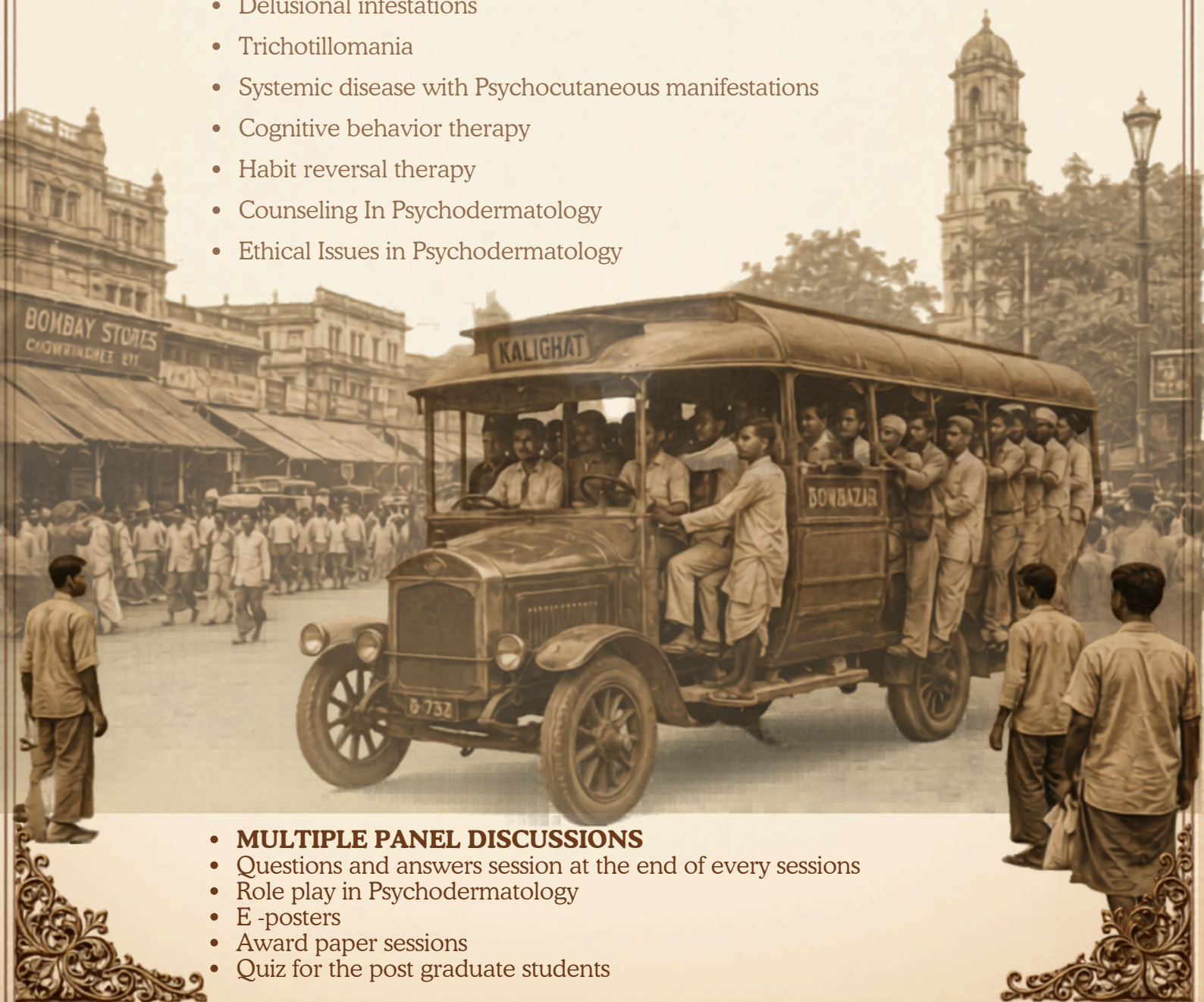
Dr. Deviner Mohab Thappa
EXECUTIVE COMMITTEE
MEMBER



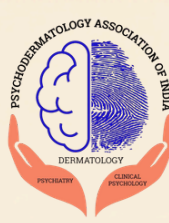


SCIENTIFIC PROGRAMME HIGHLIGHTS

- Brain-Skin Axis
- Classification of Psychocutaneous diseases
- History in Psychocutaneous disease
- Overview of psychotherapy in Psychocutaneous disease
- Medico legal Aspects in Psychodermatology
- Psychosexual Disease
- Pediatric Psychocutaneous diseases
- Handling drugs in psychodermatology
- Body dysmorphophobia in aesthetic practice
- Body-focused repetitive disorders in psychodermatology
- Dermatitis artefacta
- Delusional infestations
- Trichotillomania
- Systemic disease with Psychocutaneous manifestations
- Cognitive behavior therapy
- Habit reversal therapy
- Counseling In Psychodermatology
- Ethical Issues in Psychodermatology



- **MULTIPLE PANEL DISCUSSIONS**
- Questions and answers session at the end of every sessions
- Role play in Psychodermatology
- E -posters
- Award paper sessions
- Quiz for the post graduate students



ORGANISING COMMITTEE

Chairperson : Dr Koushik Lahiri

Secretary : Dr Sabyasachi Mitra

Treasurer: Dr Anupam Das

Members :

Dr. Abheek Sil

Dr. Arabinda Brahma

Dr. Debanjan Banerjee

Dr. Dipankar Bag

Dr. Dyuti Das

Dr. Neelanjana Paul

Dr. Nilanjan Chandra

Dr. Sambit Chatterjee

Dr. Sharmila Sarkar

Dr. Somodyuti Chandra

Dr. Surajit Gorai

Dr. Swarnali Maiti

SCIENTIFIC COMMITTEE

Scientific Chairperson

Dr. Sudip Kumar Ghosh

Scientific Secretaries

Dr. Aniruddha Ghosh

Dr. Udayan Majumder

Scientific Committee Members

Dr. Abhay Dey

Dr. Arabinda Brahma

Dr. Harsha Sarawgi

Dr. J R Ram

Dr. Kinnor Das

Dr. Malay Sarkar

Dr. Maloy Pramanik

Dr. Sanjay Garg

Dr. Sharukh Raja

Dr. Sharmistha Chakraborty

Dr. Shromona Kar

Dr. Subrata Naskar

Dr. Sujit Sarkhel

Dr. Vikas Shankar

PDAI ACADEMY: 2025-27

Academy Chair: Dr. Tarun Narang

Convenor: Dr. Aseem Mehra

Members:

Dr. DM Thappa

Dr. Sabyasachi Mitra

Dr. Sudip Kumar Ghosh

Dr. Swapna Bondade

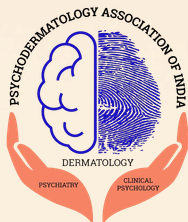
CONFERENCE ADVISOR

Dr. O.P. Singh

Dr. Subh Mohan Singh

Dr. Tarun Narang





REGISTRATION DETAILS

Conference Details :
Dates: 5th – 6th September 2026
Venue: The Park Hotel, Kolkata

Registration Categories

	Early Bird (Till 15 Jul)	Normal (Till 15 Aug)	Spot
Member			
Residential Registration	₹ 15,000	₹ 17,000	₹ 20,000
Non-Residential Registration	₹ 6,000	₹ 7,000	₹ 10,000
Non-Member			
Residential Registration	₹ 20,000	₹ 22,000	₹ 25,000
Non-Residential Registration	₹ 8,000	₹ 9,000	₹ 11,000
Student	₹ 4,000	₹ 5,000	₹ 11,000
Accompanying Person	₹ 4,000	₹ 6,000	₹ 11,000

• Rates are excluding GST

• **Residential Registration Inclusions**
Accommodation for 1 Night
2 Lunch + 1 Dinner
Conference Access

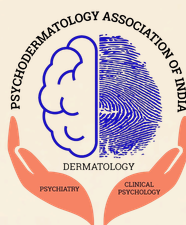
• **Non-Residential Registration Inclusions**
2 Lunch
Conference Access

Registration Opens on 20.06.2026.

For conference registration and guidelines on abstract submission,
Please visit: www.psydermcon2026.org

Bank Details : -

Account Name - PSYCHODERMATOLOGY ASSOCIATION OF INDIA
Bank : HDFC BANK
Account number - 50200121692607
IFSC code - HDFC0008904
MICR - 700240140



PSYDERMCON 2026 Registration Guidelines

1. Registration Process

- * Delegates are requested to complete the online registration form available on the official conference website.
- * All mandatory fields should be completed accurately.
- * Registration shall be confirmed only upon receipt of the applicable registration fee.
- * An acknowledgment email containing the registration details and payment confirmation will be sent upon successful registration.

2. Payment of Registration Fee

- * Registration fees may be paid through the online payment gateway, NEFT/RTGS bank transfer, or any other payment mode approved by the Organizing Committee.
- * Bank charges, transaction charges, or payment gateway charges, if any, shall be borne by the registrant.
- * Registration will be considered valid only after realization of the payment.

3. Registration Confirmation

- * A unique registration ID and QR code will be generated upon confirmation.
- * Delegates are requested to preserve the confirmation email and present the QR code (digital or printed) at the registration desk for badge collection.

4. Delegate Badge

- * Delegate badges are mandatory for entry into all scientific sessions, exhibition areas, meal venues, and official conference events.
- * Badges are strictly non-transferable.
- * Lost badges may be reissued at the discretion of the Organizing Committee upon verification and payment of applicable charges.

5. Residential Registration

- * Residential registration includes conference participation and accommodation as specified by the Organizing Committee.
- * Room allocation will be made on a first-confirmed, first-served basis.
- * Any additional personal expenses, incidental charges, or room service charges shall be borne directly by the delegate.

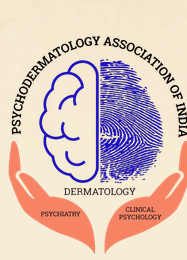
6. Non-Residential Registration

Non-residential registration includes access to scientific sessions, exhibition area, conference kit, meals and refreshments as specified in the registration package.

7. Conference Kit

Conference kits and delegate materials shall be distributed only to registered delegates upon completion of registration formalities at the venue.





PSYDERMCON 2026 Registration TERMS & CONDITIONS

1. Registration Confirmation

Submission of the registration form and payment of the applicable registration fee shall constitute acceptance of these Terms & Conditions.

2. Cancellation & Refund Policy

* Cancellation requests must be submitted in writing to the Organizing Secretariat by email.

* Cancellations received on or before **31st July 2026** shall be eligible for a refund after deduction of an administrative charge of ₹1,000 per delegate.

* No refunds shall be admissible for cancellations received on or after **1st August 2026**.

* Refunds, wherever applicable, shall be processed within 30 days after the conclusion of the conference.

3. Substitution of Delegate

* Delegate substitutions from the same organization may be permitted up to **15 days prior to the conference**, subject to written approval from the Organizing Secretariat.

* No substitution shall be permitted after the closure of online registration.

4. Modification of Registration

The Organizing Committee reserves the right to modify or upgrade the registration category based on eligibility and payment realization.

5. Accommodation Policy

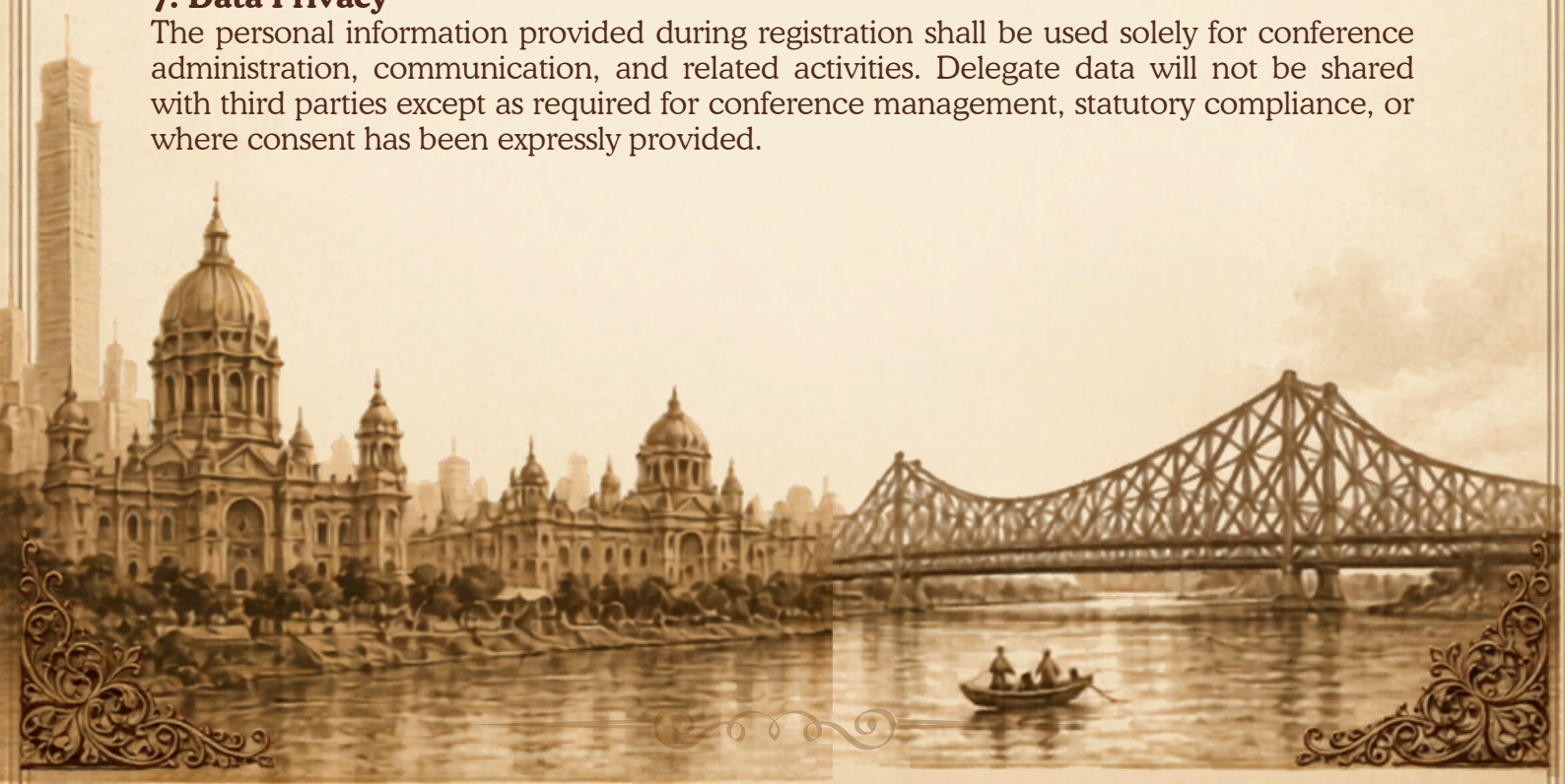
Accommodation under the residential package is subject to availability and confirmation. The Organizing Committee reserves the right to arrange equivalent accommodation in the event of unforeseen circumstances.

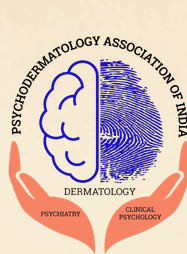
6. Photography & Media Consent

By registering for PSYDERMCON 2026, delegates grant permission to the Organizing Committee to photograph, record, or film conference activities and to use such material for conference documentation, promotional activities, publications, websites, and social media platforms without any additional consent or compensation.

7. Data Privacy

The personal information provided during registration shall be used solely for conference administration, communication, and related activities. Delegate data will not be shared with third parties except as required for conference management, statutory compliance, or where consent has been expressly provided.





PSYDERMCON 2026 Registration TERMS & CONDITIONS

8. Conference Programme

The Organizing Committee reserves the right to amend the scientific programme, faculty, schedule, venue arrangements, or event timings without prior notice, should circumstances so require.

9. Force Majeure

The Organizing Committee shall not be held liable for any delay, postponement, modification, or cancellation of the conference arising from events beyond its reasonable control, including but not limited to natural disasters, public health emergencies, government regulations, civil disturbances, strikes, or other force majeure events.

10. Liability

The Organizing Committee, Conference Secretariat, and venue management shall not be responsible for any personal injury, loss, theft, or damage to delegates' property during the conference period. Delegates are advised to make their own insurance arrangements.

11. GST & Taxes

All registration fees are exclusive of applicable GST and statutory taxes unless specifically stated otherwise. GST and other applicable taxes shall be charged as per prevailing Government regulations.

12. Governing Law

Any dispute arising in connection with conference registration or participation shall be governed by the laws of India and shall be subject to the exclusive jurisdiction of the competent courts at Kolkata, West Bengal.

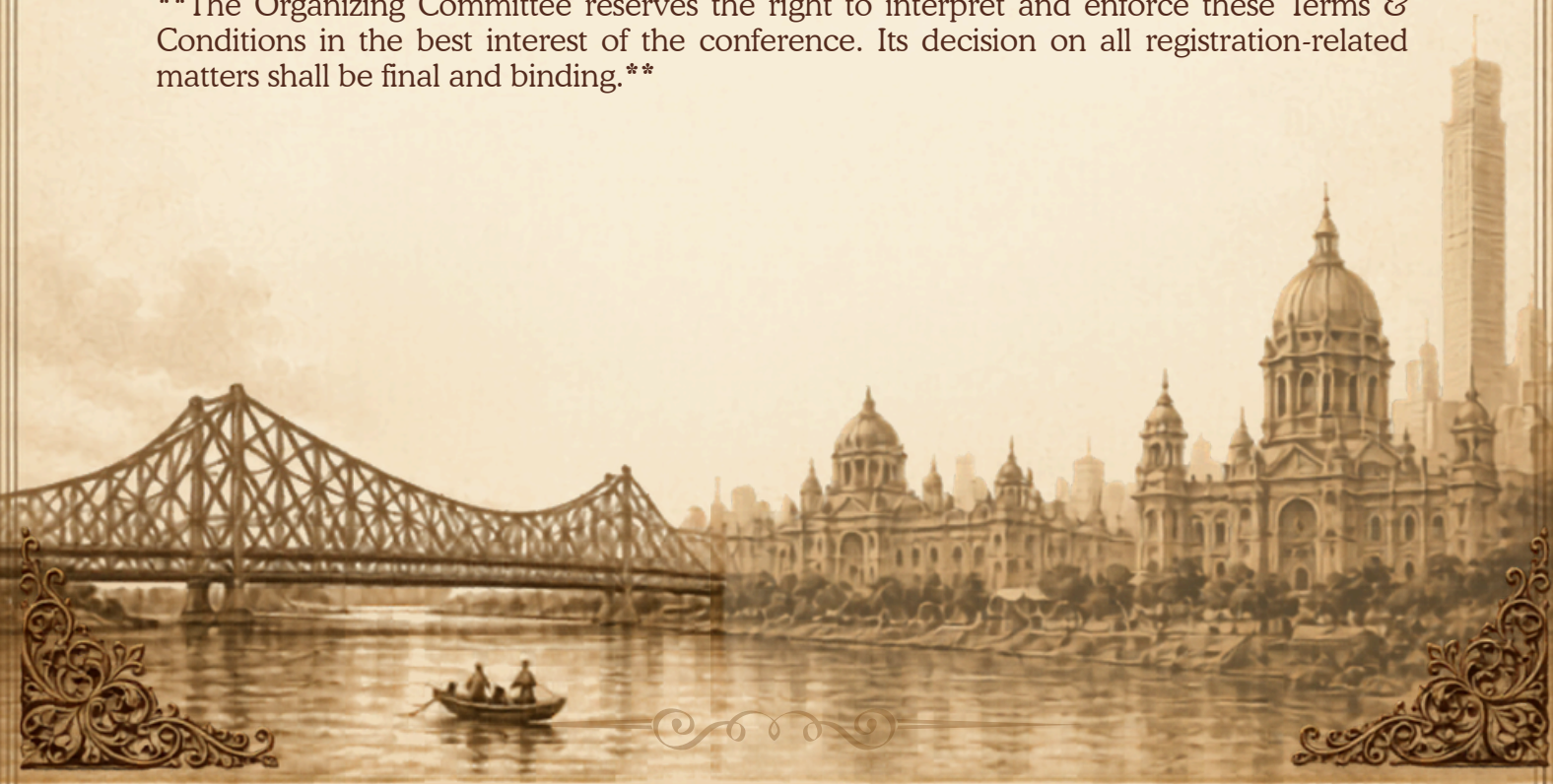
13. Contact Information

For any registration-related queries, delegates may contact the Organizing Secretariat:

Conference Secretariat & Manager: Travellers Paradise LLP

Email: services@travellersparadise.co

****The Organizing Committee reserves the right to interpret and enforce these Terms & Conditions in the best interest of the conference. Its decision on all registration-related matters shall be final and binding.****





Welcome to Kolkata : A City of Heritage, Hospitality, and Healing

Nestled along the banks of the majestic Hooghly River (Ganga), Kolkata, formerly known as Calcutta, is a city where history, culture, literature, art, science and spirituality come together in a unique and timeless blend. Once the capital of British India, Kolkata has long been regarded as the intellectual and cultural heart of the nation, nurturing generations of thinkers, scientists, physicians, artists, and visionaries.

A Legacy of Medical Excellence

Kolkata occupies a special place in the history of medicine and healthcare in India. Home to some of the country's oldest and most prestigious medical institutions which have produced countless distinguished physicians, surgeons, scientists, and medical researchers who have made significant contributions to the advancement of healthcare in India and across the world.

The city's rich medical heritage is closely associated with legendary pioneers such as Nobel Laureate Sir Ronald Ross, Dr. Upendranath Brahmachari, and Dr. Bidhan Chandra Roy, the iconic physician, educator, and statesman whose contributions to medical education and public health continue to inspire generations of healthcare professionals.

A Celebration of Culture



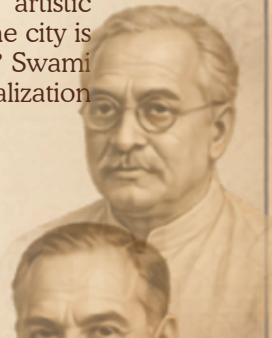
Kolkata's enduring reputation as the Cultural Capital of India has been shaped by extraordinary visionaries whose contributions have transcended borders and generations. The city is forever associated with the timeless legacy of Rabindranath Tagore, Asia's first Nobel Laureate in Literature, the cinematic genius of Satyajit Ray, the literary brilliance of Bankim Chandra Chattopadhyay, Sarat Chandra Chattopadhyay, and Kazi Nazrul Islam, the musical mastery of Pandit Ravi Shankar and Ustad Ali Akbar Khan, the theatrical innovations of Girish Chandra Ghosh and Utpal Dutt, and the artistic excellence of Jamini Roy. Beyond its artistic achievements, Kolkata is deeply enriched by its spiritual and philosophical heritage. The city is forever associated with the lives and teachings of Shri Ramakrishna Paramahansa, & Swami Vivekananda and Mother Teresa whose message of universal harmony and spiritual realization transcended barriers of religion and culture.

These cultural icons along with many others have enriched the worlds of literature, music, theatre, cinema, and the arts, leaving an enduring legacy that continues to inspire creativity and progressive thought across the globe.

Kolkata's vibrant cultural identity is perhaps best reflected in the grandeur of Durga Puja, a spectacular festival of art, devotion, and community that has been inscribed by UNESCO as an Intangible Cultural Heritage of Humanity.

Visitors can explore the city's celebrated landmarks, savour its world-famous cuisine, and enjoy an atmosphere that is both welcoming and inspiring.

This enduring legacy of innovation, scholarship, and compassionate patient care makes Kolkata an ideal destination for PSYDERMCON 2026, where leading minds from across the country will come together to exchange knowledge, foster collaboration, and shape the future of psychodermatology.



Conference Secretariate
Travellers Paradise LLP

Godrej Waterside, Tower 2, Office -1207, 12th Floor, Block -DP, Sector -5,
Salt Lake Kolkata: 700091 (India)

✉ psydermcon2026@gmail.com

🌐 www.travellersparadise.co

